

First recorded on "The power of the sun" (1992)

Also recorded in German "Das kind in dir"

New recording in English 2010



No Rush  
Gila Antara

## A little child

Written and sung by  
**Gila Antara**

[www.gila-antara.co.uk](http://www.gila-antara.co.uk)

No Rush and individual track available from

<https://www.amazon.com/No-Rush-Gila-Antara/dp/BooNFa2BG>

When you were a small child,  
there was nobody there  
To guide and protect you,  
someone who really cared  
And it was then that you decided  
no-one would ever leave you crying again  
And you built strong walls to protect you,  
to keep them out and to keep yourself in.

*That little child  
still lives inside you  
She wants to dance,  
come out and play  
That little child —  
she wants to guide you,  
... longs to lead you,  
She knows the way  
that your eyes can't see.*

Now that you're older,  
you've learned to be strong,  
Strong on the outside,  
never weak, never wrong,  
But deep inside you you're still travelling,  
eager to live and frightened to die  
Maybe resigned,  
maybe still hoping  
someday someone will help you cry.

*A little child  
still lives inside you  
She wants to dance,  
come out and play  
A little child —  
she wants to guide you,  
... longs to lead you,  
She knows the way  
that your eyes can't see.*

*That little child .... (etc)*

The child that you buried,  
she never died  
She was close beside you  
when you secretly cried  
Her prison is of your own making,  
open the door and let yourself in,  
The child inside you she's still waiting  
for you to come back and take her hand.